



**Tervise Arengu Instituut**  
National Institute for Health Development



# **Estonian alcohol consumption and related harm**

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National Institute for Health Development

Population 1,3 mln (2012)



Independent 1918-1940,  
re-gained independence 1991



Member of EU from 2004



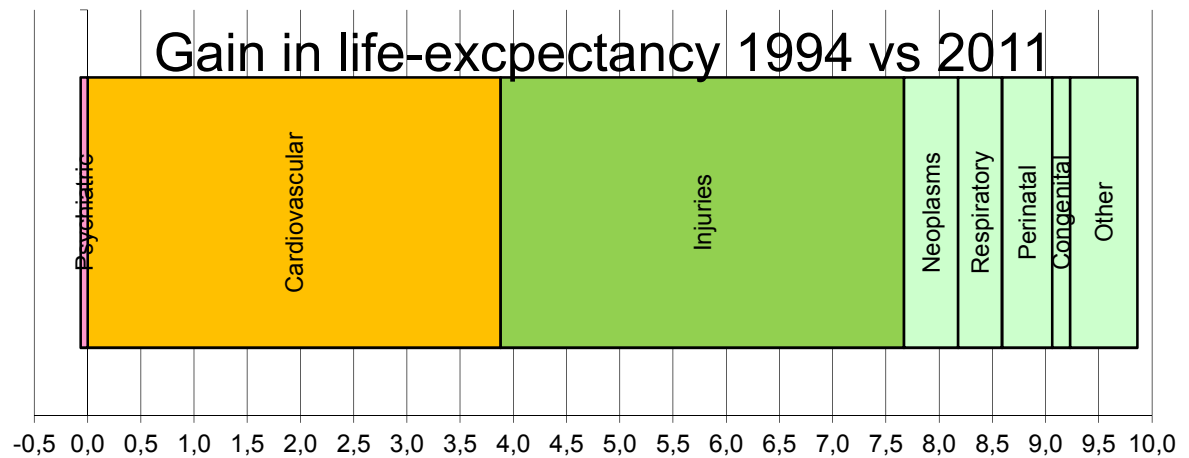
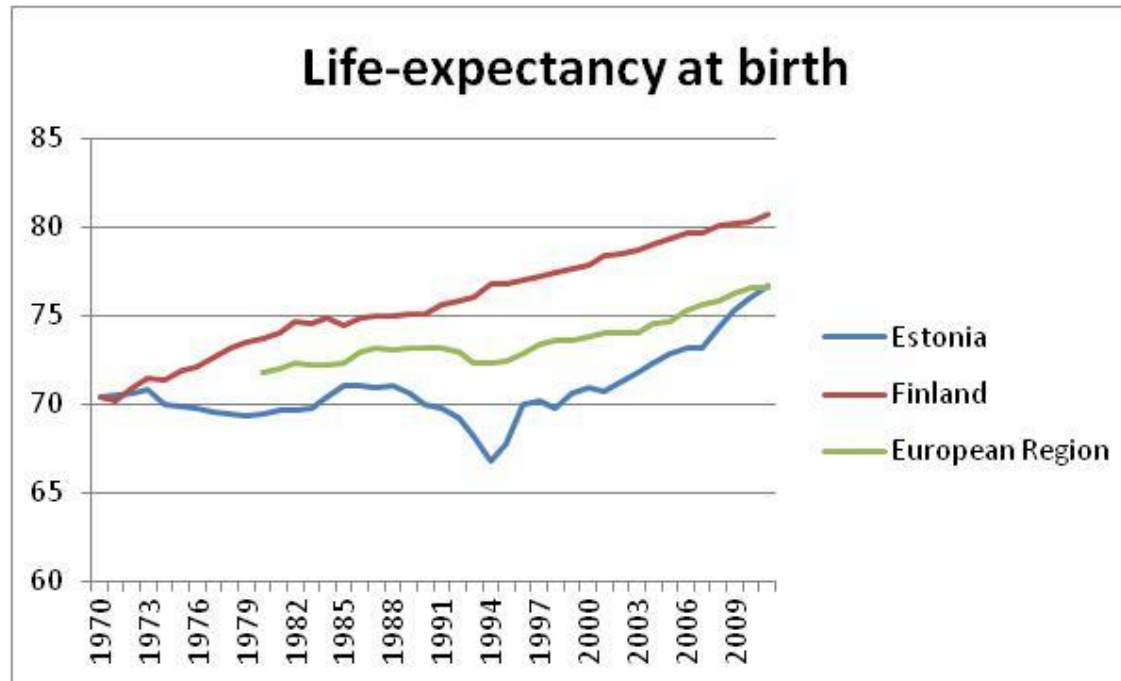
Transparency International ranking  
32

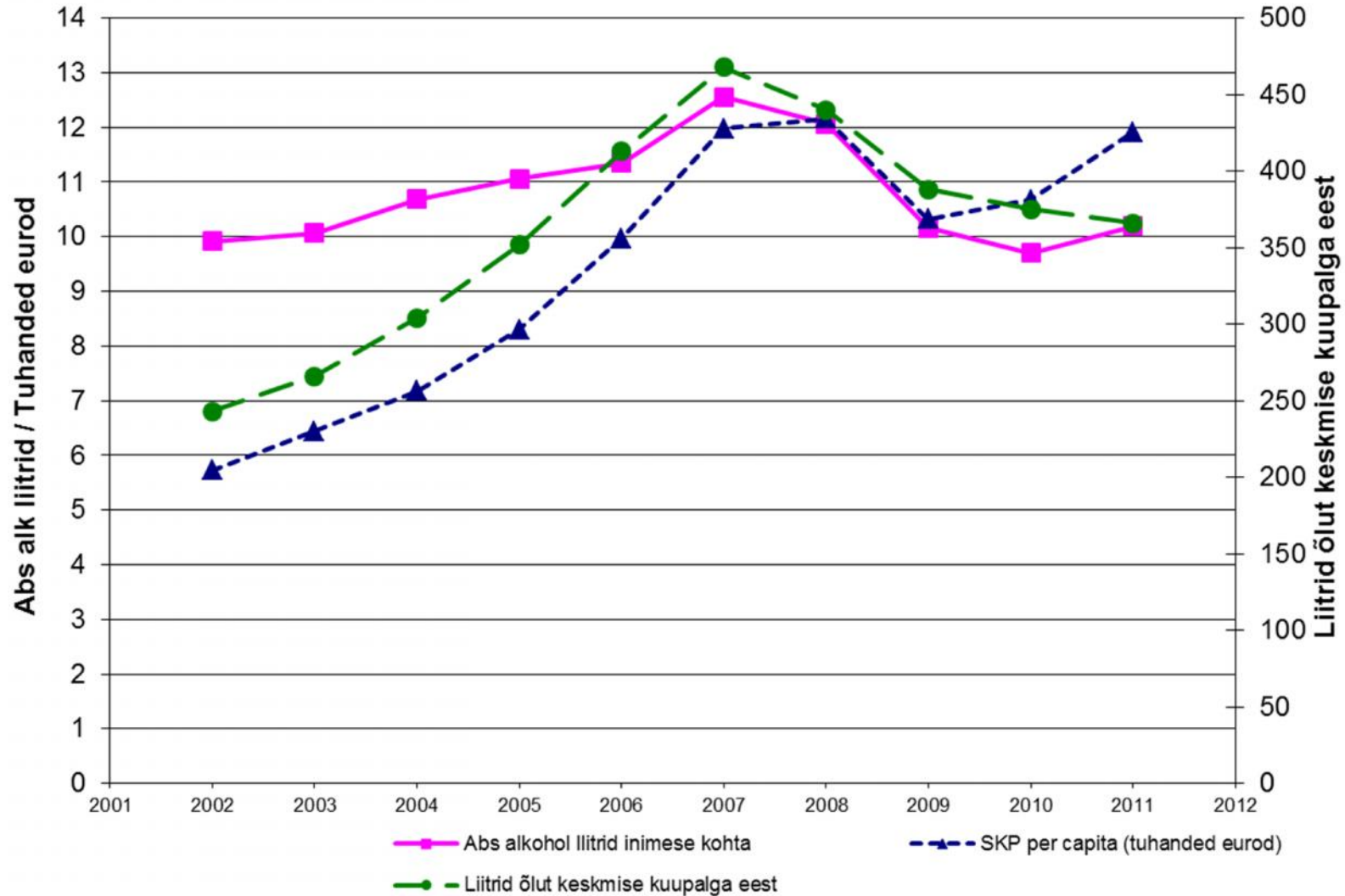
GDP per capita 13 136 € (2012)

Health Expenditure (2011)

- 5,9 % of GDP
- Per person € 704,9
- Public expenditure 79.3 %
  - Social health insurance 68.6%



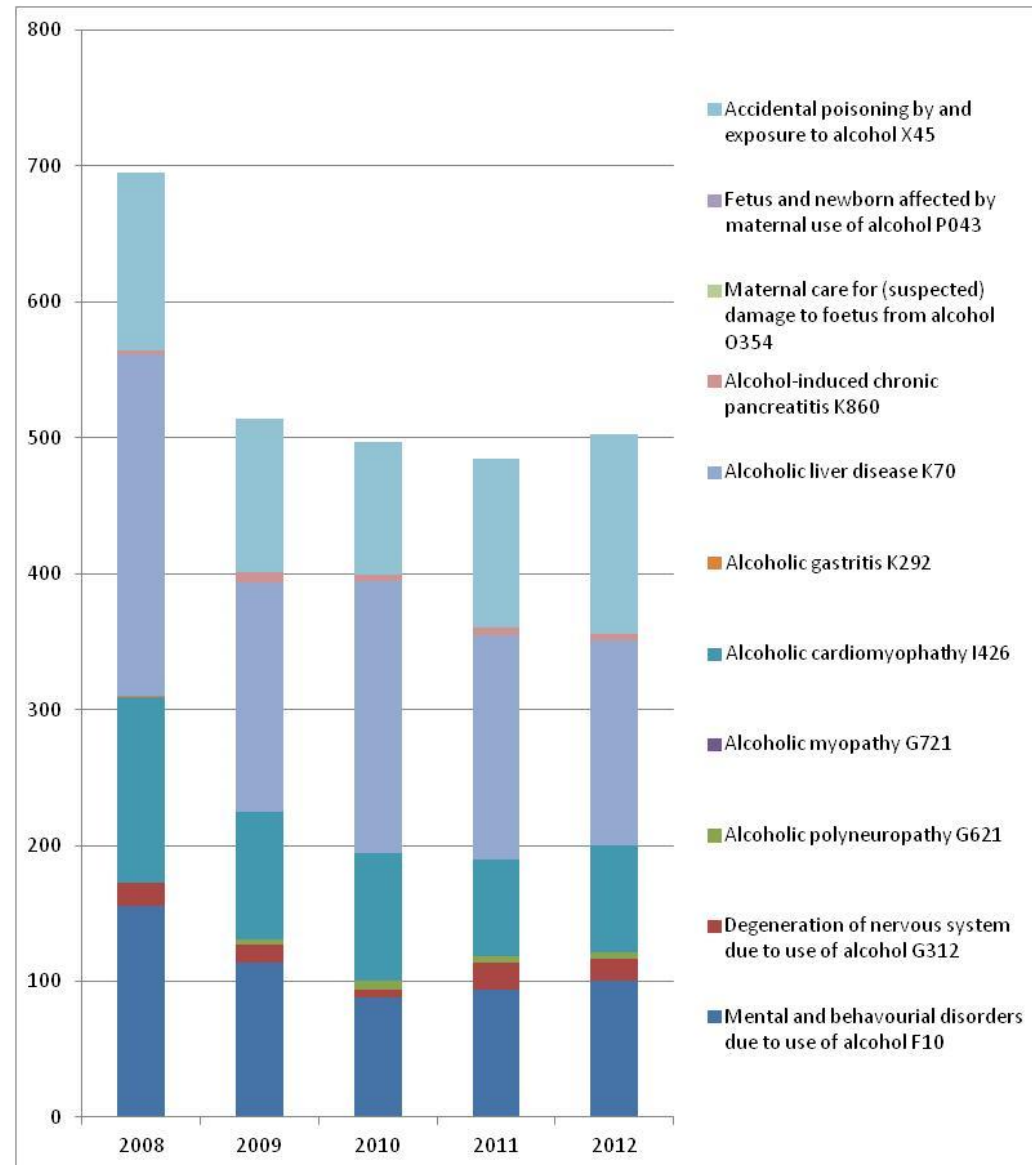


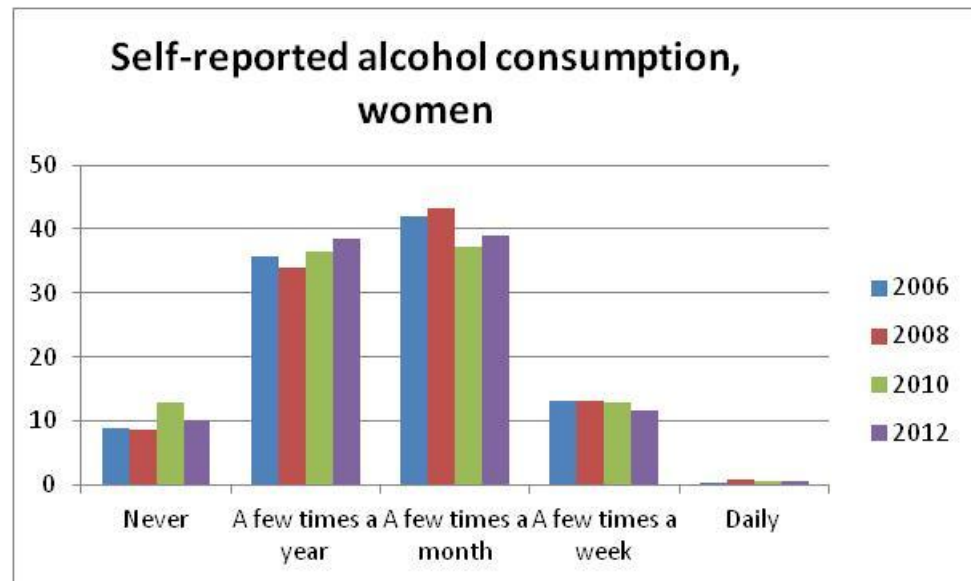
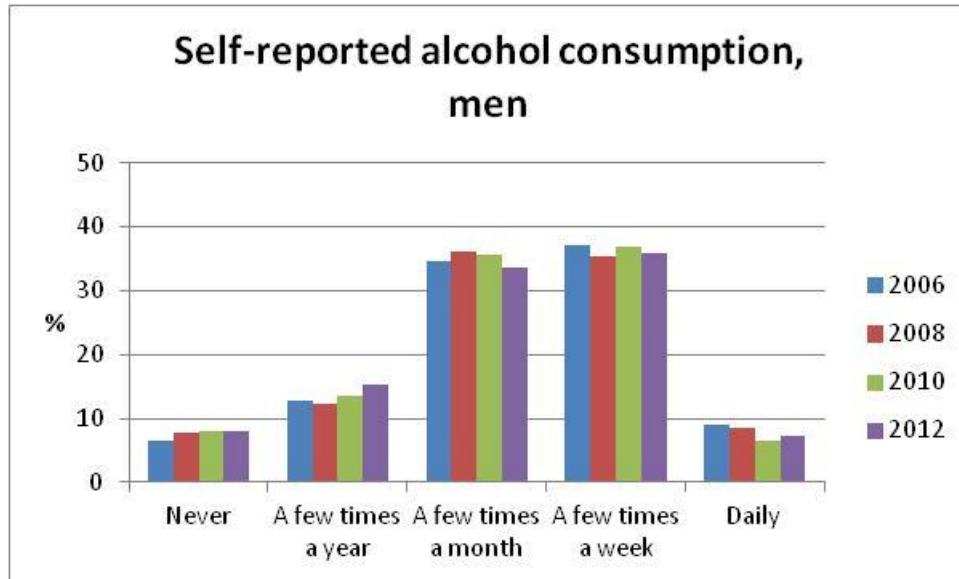


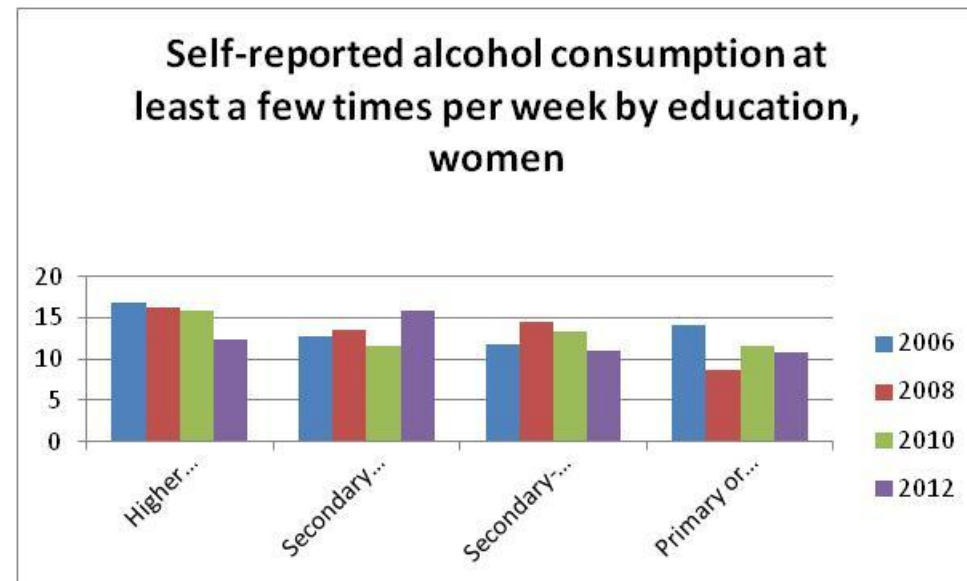
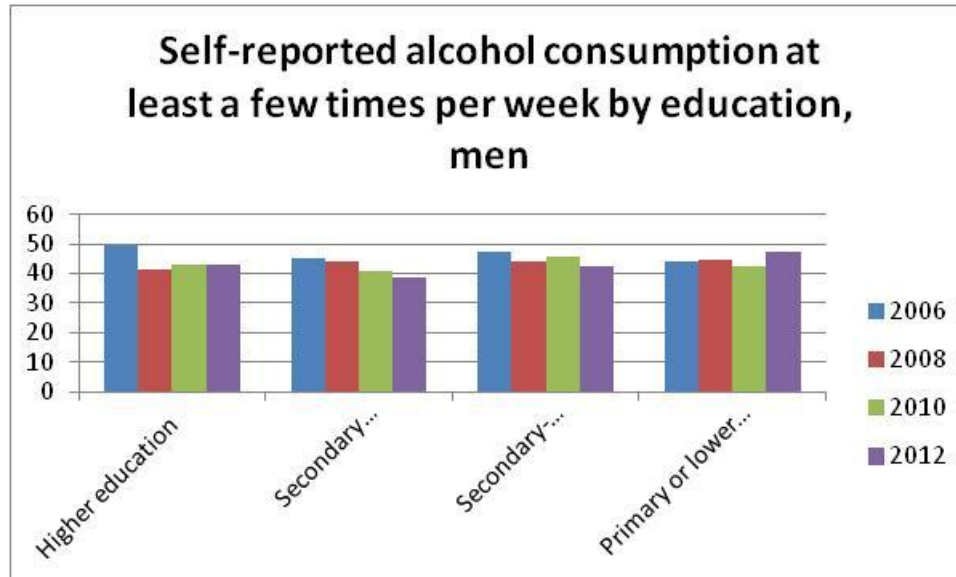
**Changes in alcohol-**  

**caused mortality**  

**coherent with**  
**changes in total**  
**consumption**

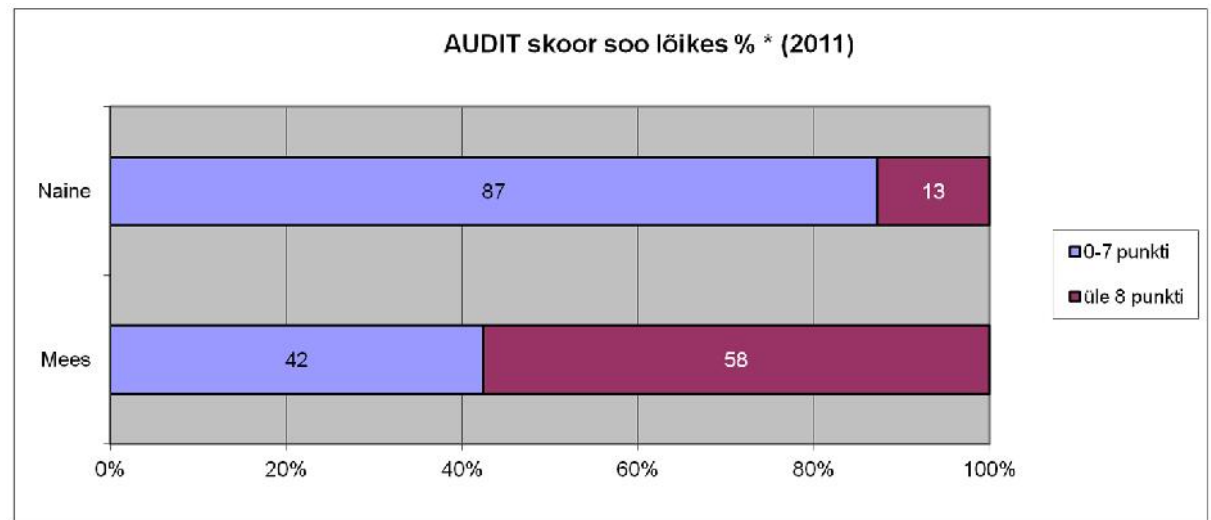
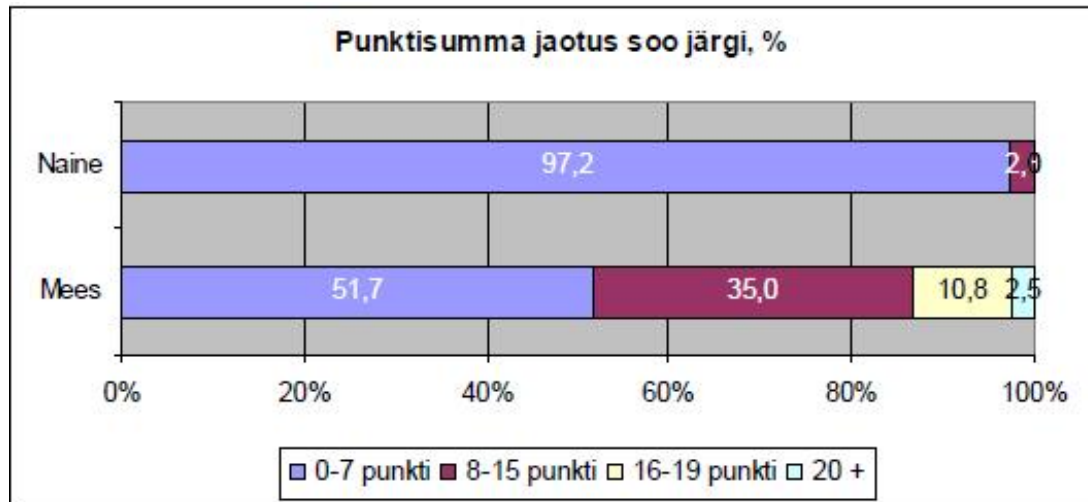






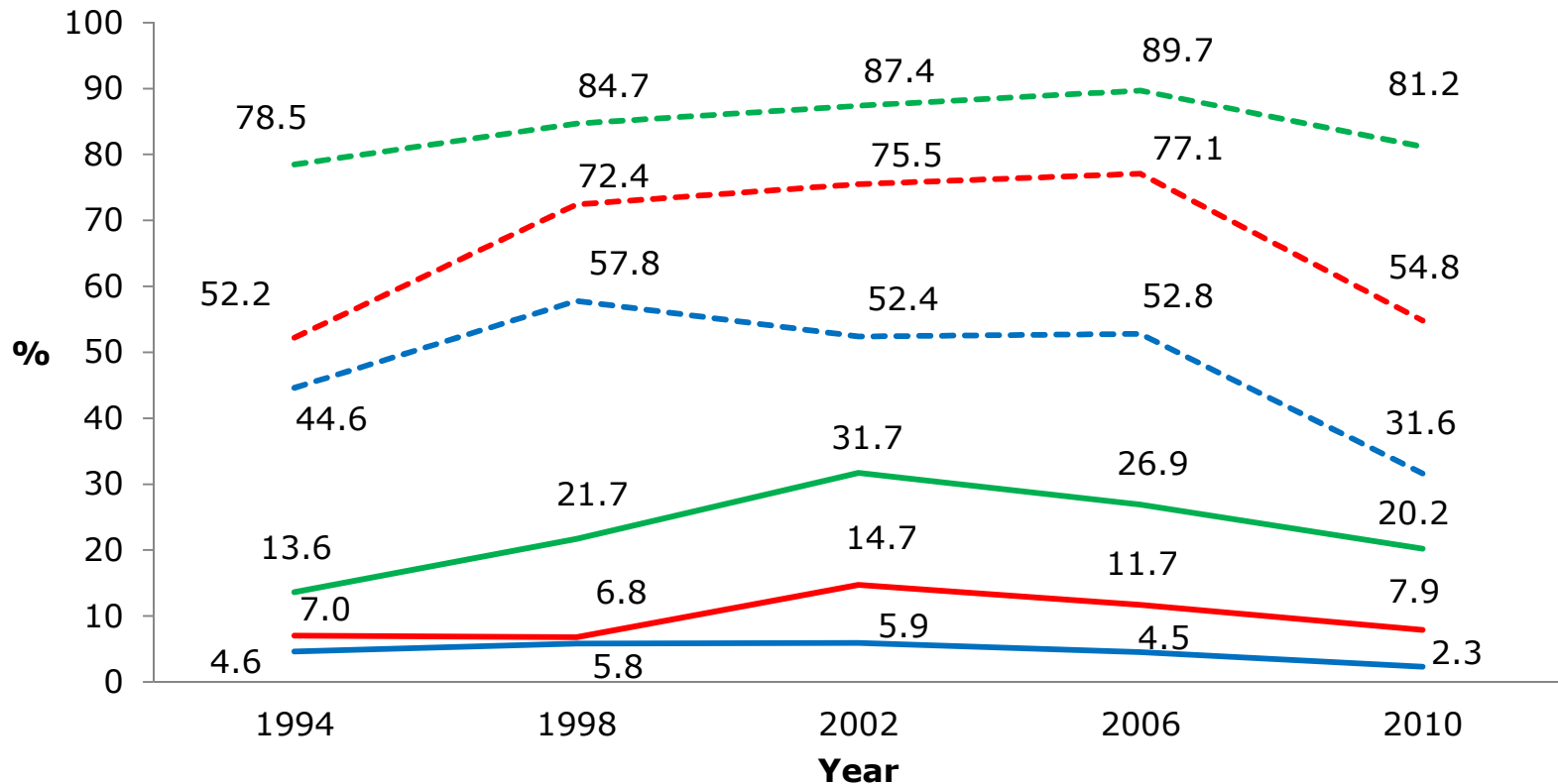


## Estimate of prevalence of harmful use of alcohol: AUDIT scores in BI pilot in 2010 and 2011





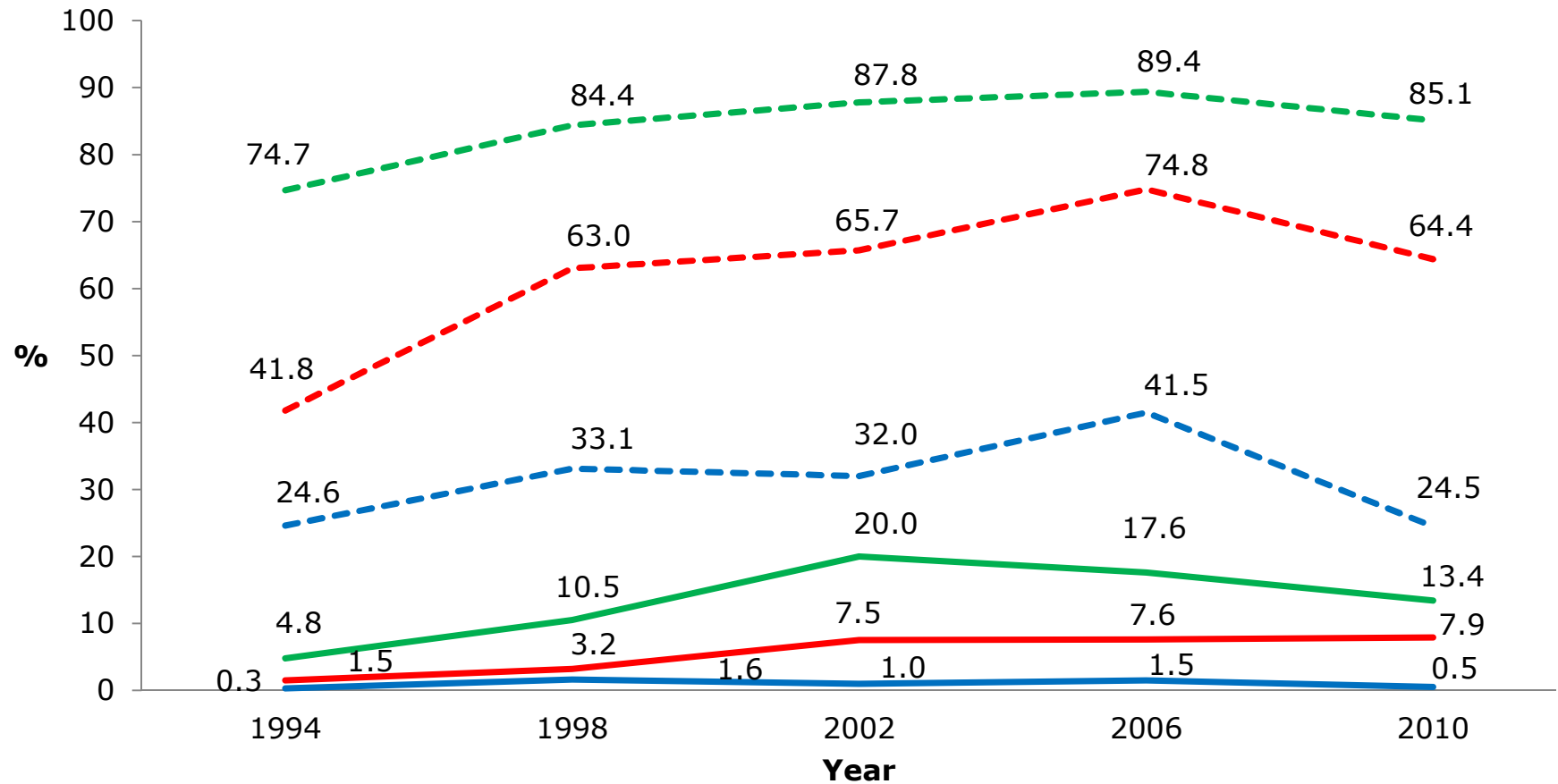
## HBSC: Alcohol consumption among 11-, 13- and 15-year-old boys



Dashed lines: prevalence of alcohol consumption

Solid lines: prevalence of at least once a week alcohol consumption

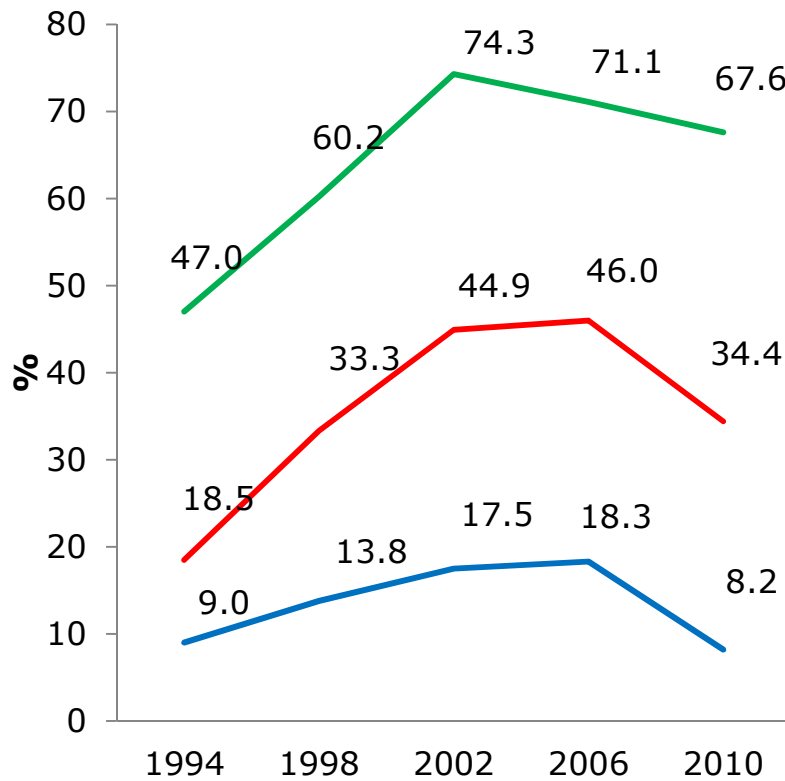
## HBSC: Alcohol consumption among 11-, 13- and 15-year-old girls



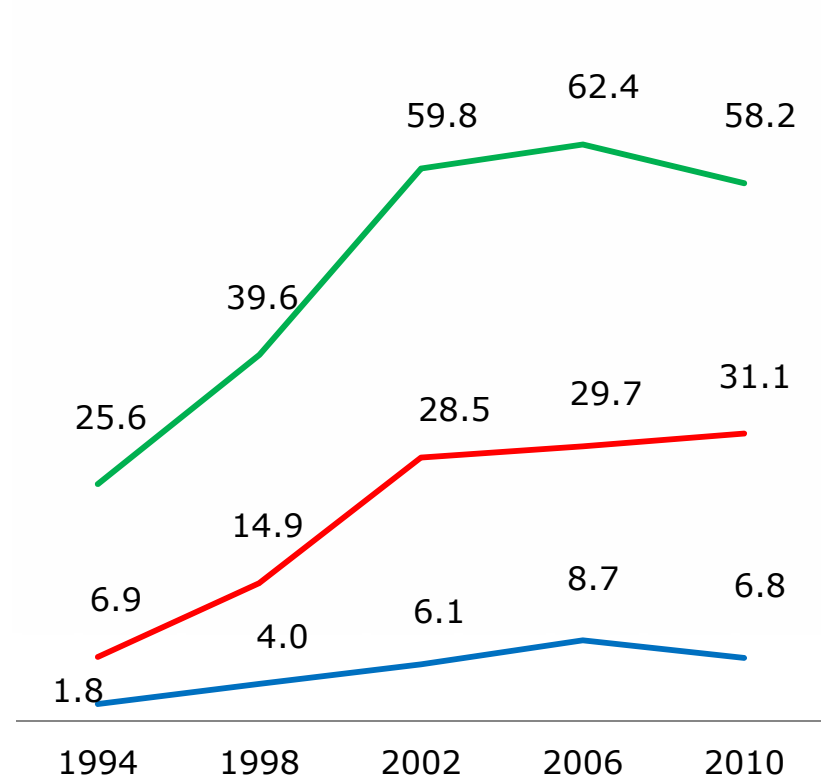
Dashed lines: prevalence of alcohol consumption

Solid lines: prevalence of at least once a week alcohol consumption

# Prevalence of one or more episodes of drunkenness by study year among 11-, 13- and 15-year-old boys and girls



**Boys**



**Girls**



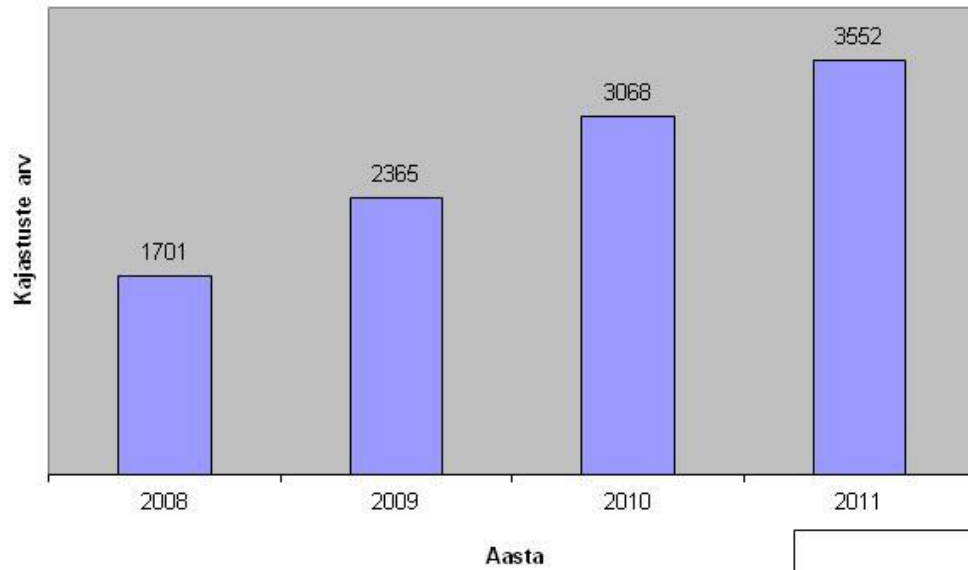
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## Role of National Institute

- Raising awareness of consumption and harm
- Advocating for stronger alcohol control policy
- Piloting interventions
- Support to and participation in policy making

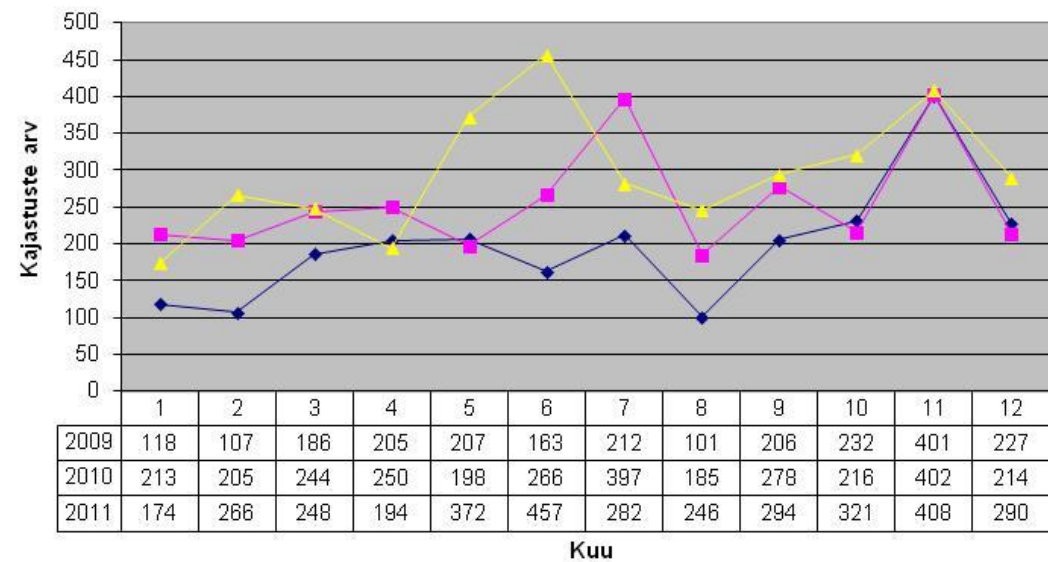


Kajastuste arv aastate lõikes



## Use of keyword “alcohol” in Estonian media

Kuude võrdlus



—◆— 2009 —■— 2010 —▲— 2011



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[www.tai.ee](http://www.tai.ee)

[www.alkoinfo.ee](http://www.alkoinfo.ee)